

**Early Childhood Resource Teacher Network of Ontario** 

# 28th Annual Provincial Conference

October 1, 2, 3, 2014 Cambridge Hotel-Conference Centre

700 Hespeler Road, Cambridge, Ontario N3H 5L8 (519) 622-1505 FAX: (519) 622-7026

# **CONFERENCE HIGHLIGHTS**

WEDNESDAY October 1, 2014			
4:00 p.m 7:00 p.m.	Registration		
7:00 p.m 9:00 p.m.	President's Welcome – Debbie Levesque Buddy Choir Keynote – Assistant Deputy Minister Aryeh Gitterman		
	THURSDAY October 2, 2014		
7:30 a.m 8:30 a.m.	Breakfast and Registration		
9:00 a.m 11:45 a.m.	Workshops Morning break @ 10:30 a.m.		
10:30 a.m 4:30 p.m.	Resource Fair Loonie Sale		
12:00 p.m 1:00 p.m.	Lunch		
1:00 p.m. – 4:00 p.m.	Workshops Afternoon break @ 2:30 p.m.		
FRIDAY October 3, 2014			
7:30 a.m 8:30 a.m.	Breakfast and Registration		
9:00 a.m 11:45 noon	Workshops Morning break @ 10:30 a.m.		
10:30 a.m 3:00 p.m.	Resource Fair Loonie Sale		
12:00 p.m1:00 p.m.	Lunch		
1:00 p.m 4:00 p.m.	Workshops Afternoon break @ 2:30p.m.		

## WEDNESDAY EVENING

**Opening entertainment: Buddy Choir** 



Director: Lori Maloney Young

Buddy Choir is happily singing and dancing our way into our fifth year. We are all having an absolute blast rehearsing and performing from September to June! We are an inclusive company who invite anyone to join. The only requirement is that you love to perform. We present our production numbers to the public to show that everyone can shine and when we all shine together it is magic! Our hope is life will imitate art where all are included regardless of skin, intellect, talents or years!

Please consider joining us! Because there is no age limit it could be a great weekly family activity.

## WEDNESDAY EVENING KEYNOTE

Assistant Deputy Minister Aryeh Gitterman Policy Development and Program Design Division Ministry of Children and Youth Services



Aryeh Gitterman joined the Ministry of Children and Youth Services as Assistant Deputy Minister, Policy Development and Program Design Division, in March 2007. The division contributes to the achievement of better outcomes for children and youth at risk through leadership in the design and development of effective, coordinated and responsive policies and programs. Areas of responsibility include:

- Children and youth with complex/special needs
- Children and youth with Autism Spectrum Disorder
- Child and youth mental health
- Residential services
- Child protection

Prior to joining the ministry, Aryeh was Assistant Deputy Minister of the Instruction and Leadership Development Division, Ministry of Education. During his time at the Ministry of Education, Aryeh also worked in the Business and Finance Division, Teaching Policy and Program Office, Curriculum Branch, Access and Equity Team, and Community Education and Outreach Branch.

He previously worked at the Scarborough Board of Education teaching Mathematics, English and Media in Grades 9 to 12. At the Halton Board of Education, he was a guidance counsellor, Head of Guidance and Special Education in a Grade 7- 13 school, and Coordinator of Guidance and Cooperative Education for the school board.

Dr. Gitterman received his B.Sc. at the University of Manitoba. He also completed his B. Ed., M.Ed and his Doctor of Education in Counselling Psychology at the University of Toronto.

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#### **THURSDAY October 2, 2014**

## FULL DAY WORKSHOP

9:00 a.m. - 11:45 a.m. & 1:00 p.m. - 4:00 p.m.

# **FDI** Building Capacity with Staff Working with Families Experiencing Challenges Associated with Dual Diagnosis

Emotional and behavioural problems are common in individuals with Autism Spectrum Disorders or Intellectual Disabilities across the lifespan, and these difficulties emerge early on. Clinicians are often asked to assist youth who do not demonstrate symptoms that map efficiently into diagnostic categories. The current workshop reviews what we know about emotional and behavioural problems in youth with developmental disabilities, from best practices in assessments to evidence based interventions within a positive youth development framework. Best practice in assessment, bio psychosocial case conceptualization will be reviewed along with what research tells us about reasons these youth are at greater risk than their typically developing peers. A special focus will be spent on the experience of families, to support their resilience. The talk will include a combination of lecture and break out group discussion.

Dr. Jonathan Weiss, Ph.D., C. Psych.

#### **THURSDAY October 2, 2014**

MORNING WORKSHOPS

9:00 a.m. – 11:45 a.m.

#### **TM1** Establishing Authentic Relationships

The key to working effectively with children, classroom teachers and families lies in the development of authentic relationships. Through the use of cartoons—and by sharing experiences—participants will consider strategies that may assist them in forming positive relationships with others.

Janis Webster R.E.C.E., E.C.E.R.T.

#### TM2 Mobile Technology and Communication Skill Development

Mobile technology has become increasingly popular for children and adults with developmental disabilities. It can be used to encourage speech, communication, interaction and appropriate behavior. This presentation will focus on how to introduce mobile technology and an overview of apps which are suitable to target communication, language and social skills as well as visual supports and cause- effect.

#### Lorraine Otto M.Sc. Speech-Language Pathologist

#### **THURSDAY October 2, 2014**

#### AFTERNOON WORKSHOPS

1:00 p.m. – 4:00 p.m.

#### **TA1** Inclusive Program Planning in Emergent Settings

The concept of developing goals and objectives for children with special needs in emergent curriculum settings is sometimes challenging for educators. This workshop will examine the similarities between a classwide approach to program planning and the principles of emergent curriculum, as well as ways to reduce the workload for all involved in inclusive programs.

Janis Webster R.E.C.E., E.C.E.R.T.

#### TA2 Let's Hear it For the Boys: supporting boys' learning

Latest research tells us boys and girls often do learn differently. In the workshop we will look at the research; explore how to set up the environment to support the learning styles of boys and how to take a role as an active play-partner in inquiry-based learning. This workshop will include lecture, videos, displays and small group discussions.

Monica Carruthers RECE, ECEC, ECRT

#### FRIDAY October 3, 2014

FULL DAY WORKSHOP

9:00 a.m. - 11:45 a.m. & 1:00 p.m. - 4:00 p.m.

# FD2 Growing up Resilient: Understanding the Concept and Practical Strategies to Build Resilience in Children

Learning objectives: At the end of this presentation learners will be able to understand the concept of resilience and contributing factors, types of and opportunities for prevention in children's mental health, as well as develop practical skills in building resilience in children, using individual, family and school/community strategies.

Dr. Tatyana Barankin, MD, FRCPC, DCP

#### FRIDAY October 3, 2014

### MORNING WORKSHOPS

9:00 a.m. – 11:45 p.m.

**FM1** Topic: Putting the Research to Work: How Families and Service Providers Can Make Practical Use of the Latest Autism Research Findings

The field of Autism research is ever growing with hundreds of new Autism related research studies published each month. Families and professionals who support them want to know how they can practically apply what researchers are discovering to better understand and support their children with Autism. This seminar will look at exciting findings in the areas of understanding autism, discussing intervention techniques that can be used by parents and professionals, and how technology can be used to help increase independence.

#### Expected Core Competencies (skills participants will walk away with)

- An ability to understand how to best access and sort through new autism research studies
- An ability to identify trustworthy information sources and weed-out questionable ones
- An ability to analyze new research to determine how it could be practically applied to improve the quality of life of children with autism in their lives
- An ability to develop a practical plan to implement new ideas
- This workshop will also review several examples of recent practical developments in the research field including: (a) video-self modeling, (b) GPS technology and Independence Training, (c) Brief Peer Training. It will equip parents with the basic skills to understand what these approaches are and how to proceed in the steps needed to practically apply them.

#### Expected Core Competencies (knowledge participants will walk away with)

Parents and Service providers can feel overwhelmed by the amount of new autism research being published. This workshop aims to provide them with some practical knowledge regarding how to locate and access useful sources. This workshop also aims to review numerous examples of key recent research findings which parents and professionals could put to practical use immediately on plans.

**Dr. Amanda Azarbehi**, PhD., Clinical Psychologist, Director of Clinical Services for Children and Adolescents Faculty Position: Professor of Psychology – Tyndale University

**FM2** The Case for the Integration of Trauma-Informed Theory in Practice: New Challenges for Early Childhood Resource Teachers.

Children exposed to repeated traumatic events at a young age are at risk for serious physical and emotional health conditions through the lifespan and even early death. They sustain damage to critical elements of their development such as healthy attachment, social emotional competency, self-assurance, confidence and independence. Children and youth exposed to psychological trauma experience more learning and academic difficulties and behavioral and mood-related problems.

Trauma is not often recognized, nor are children, youth and families routinely being asked about their trauma histories when seeking services. Given the pervasiveness of trauma, child and youth serving systems should routinely screen for trauma.

More and more service providers in Canada are paying attention to the promise of improved outcomes by implementing a trauma-informed approach to services. The science of trauma-informed care is much more than just screening for trauma but rather it entails a radical change in thinking representing a significant paradigm shift in how we view psychological trauma and its impact on children, youth and families. A trauma-informed

approach is as much a system's approach as it is a change in how we treat individuals who have experienced psychological trauma.

Significant advances are being made in the theory and practice of trauma-informed care across all sectors with implementation toolkits focused on Child Welfare, Education, Substance Use, Refugee and Homelessness and Early Childhood services to name a few. This issue affects all of us in human services. It is imperative the Early Childhood sector applies this theory to their work!

#### Laurie Robinson, BSW, MSW

#### FM3 An Introduction to Sensory Processing and Behaviour

This workshop will provide an overview of Sensory Processing and Sensory Processing Disorder. We will highlight the relationship between sensory processing challenges and behaviour. Approaches and strategies which respond to sensory processing needs, including behavior strategies will be discussed. Situations appropriate for professional consultation will also be highlighted.

Coralea Button OT Reg. (Ont) Occupational Therapist Esther Leung B.A. Psych. E.C.A.S. Behaviour Consultant

#### FRIDAY October 3, 2014

#### AFTERNOON WORKSHOPS

1:00 p.m. - 4:00 p.m.

#### FAI Girls Under the ASD Umbrella

This workshop will explore the diagnostic and symptomatic differences presented by girls on the ASD spectrum as well as look at practical areas where unique supports and understanding is needed. Practical topics will include: Teaching social skills to girls, Puberty and Beyond, and Support around Friendship and Bullying.

#### Expected Core Competencies (skills participants will walk away with)

- How to identify red-flags which would indicate a girl might need to be referred for an ASD assessment
- Equipped with ideas and techniques which can be used for teaching Social Skills to girls with an ASD diagnosis
- How to address issues related to Preparing for Puberty in an effective and constructive manner
- Equipped with intervention skills which can be used to support girls with ASD as they deal with issues related to both Friendship and Bullying

#### Expected Core Competencies (knowledge participants will walk away with)

- Understand the profile and presentation differences of Girls who fall under the ASD spectrum from classic Autism to Asperger's Syndrome Why the road to diagnosis can be difficult
- Understand unique challenges and approaches needed for teaching Social Skills to Girls
- Understand helpful steps and approaches to Preparing for Puberty
- Understand how to offer support related to both Friendship and Bullying

**Dr. Amanda Azarbehi**, PhD., Clinical Psychologist, Director of Clinical Services for Children and Adolescents Faculty Position: Professor of Psychology – Tyndale University

#### FRIDAY AFTERNOON WORKSHOPS continued...

#### FA2 Feeding Other People's Kids

This hands-on workshop will address topics around how children learn to eat and considerations when feeding children with special needs. Discussions will include: how to offer foods to children in order to optimize positive eating experiences, common reactions to learning about new foods and why they occur, ways to support aversive or picky eaters, strategies for introducing new foods within the daycare setting and multicultural considerations about food.

- Understanding typical feeding milestones
- Learning to promote positive feeding experiences
- Learning about strategies when problems arise
- Increasing awareness of multi-cultural aspects of food and family choice

Ashley Roth Orchard, MClSc-SLP(C) CASLPO Ashley Jakovljevic, BHSc OT Reg. (Ont)

#### **FA3** Powerful Presentations

Is public speaking something you dread or are you looking for new ideas to create exciting and well received presentations? Whether your intention is to motivate, to inform or to influence, this intensive "how-to" workshop will increase your ability to deliver polished presentations to parents and professionals.

Cherie Dale Resource Consultant Certificate, Adult Education Certificate

## **Presenter Profiles**

Jonathan Weiss, Ph.D., is an Associate Professor in the Department of Psychology at York University in Toronto, Canada, and a Clinical Psychologist. His research focuses on the prevention and treatment of mental health problems in people with autism spectrum disorders or intellectual disabilities. His research involves individuals with mental health problems, their families, and larger systems of care. He studies the impact of stressors, such as bullying or transitions, and how cognitive behaviour therapy and community resources can help youth with ASD who have mental health problems.

**Janis Webster** Since 1979, Janis' experience in the field of early learning includes co-op preschool, resource teaching, supervision, training (ECE's, parents, RT's, ECE and RT students at Mohawk and Niagara Colleges), program coordination and working as the executive director of a large child care organization.

While she has enjoyed much success over the years, she is quick to acknowledge it is the 'not-so-successful' moments in her career which have resulted in the very best 'lessons learned', and believes reciprocal workshops provide all participants with an opportunity to share their valuable experiences with one another.

**Monica Carruthers** graduated from the Mohawk College ECE program in 1980, is registered with College of Early Childhood Educators, Certified by the AECEO, and has her Early Childhood Resource Teacher Certificate.

Having worked in Child Care, Co-operative Preschool, and having been a Resource Teacher in both Hamilton and Windsor, Monica is experienced in most aspects of the Early Childhood field. She worked as a Professional Education Consultant in Hamilton Ontario and was a Co-Chair of the Hamilton FASD Community Initiative. Since moving to the Windsor-Essex area of Ontario she is now an independent Professional Development Consultant, speaking at conferences and delivering inservice training around the province. Her website is <a href="https://www.natureofkids.com">www.natureofkids.com</a> Monica is the Chair of the Windsor-Essex Branch of the AECEO and a Co-Founder of the Windsor-Essex Task Force on FASD.

Laurie Robinson has a passion for working at the policy and service systems levels of care for children, youth and families and is a strong advocate for implementing trauma-informed services in Canada. She has over 30 years experience in direct service and leadership roles in child, youth, and family service and places a great deal of emphasis on being a dynamic and enthusiastic presenter/trainer. She has a background in both Child Welfare and Children's Mental Health and has spoken to a variety of audiences such as those in Crime Prevention, Violence Against Women. Developmental Disabilities sectors.

Laurie started her career as a Youth Worker and Clinical Social Worker completing both her Bachelor's and Master's Degrees in Social Work at the University of Calgary, Alberta, Canada. People say she has a talent for bringing clarity to issues and her use of practical examples helps turn theory into practice in simple ways. Working as an independent Consultant allows her to fulfill her desire to work across sectors for all children and youth no matter what the challenge.

Lorraine Otto has been a Speech-Language Pathologist for more than 20 years working in the field of developmental disabilities. She works for Developmental Services Resource Centre in Kitchener, Ontario where she provides consultation and workshops to families and caregivers of individuals with a range of developmental disabilities and varying communication skills. Lorraine is registered with the College of Audiologist and Speech-Language Pathologists of Ontario (CASLPO) and loves what she does.

Coralea Button is an Occupation Therapist with Infant and Child Development Services, Region of Halton. Coralea has over 15 years' experience in the field and has worked in South Africa, the United States and Canada. She has worked with infants and children throughout her career and has taken certification courses in Sensory Integration and Neurodevelopmental Therapy.

Esther Leung is a Behaviour Consultant with Family & Community Behavioural Services Region of Halton. She has been working with this program since 2005. Her work with families and youth involves planning for behaviour change in various domains such as communication, self-help and independence skills, and social skills development. Esther has worked with children and youth with special needs (including Autism Spectrum Disorder) for over 12 years in a variety of settings: early intervention, recreational and adult programs.

**Dr. Amanda Azarbehi**, PhD., has over a decade of experience working as a researcher and therapist within the field of Childhood Developmental Delays, Early Intervention Programs, and Autism. She completed her Bachelor's Degree at the University of British Columbia (UBC), has trained at the University of California Los Angeles (UCLA) Lovaas Autism Intervention Centre, and completed her doctorate degree at the University of New Brunswick. Also, Dr. Azarbehi completed a 1 year internship at Bloorview Kids Rehab in Toronto as part of her clinical training.

While in New Brunswick, Dr. Azarbehi sat as a member of the New Brunswick Autism Steering Committee, where she helped create, secure funding, and run the province-wide autism intervention training program. Prior to becoming a professor at Tyndale University, Dr. Azarbehi also worked at the North York General Hospital's (NYGH) Child Development Centre. As a psychologist on the NYGH team, Dr. Azarbehi worked on complex cases referred to her by pediatricians from across Toronto. Presently, Dr. Azarbehi works as a psychology professor at Tyndale University where her research primarily focuses on Autism Spectrum Disorder (ASD). Dr. Azarbehi has founded TRACE - Tyndale's Research in Autism and Community Education program and recently launched Tyndale's first in a series of Social Skills Camps for children with autism. In addition to her academic responsibilities, Dr. Azarbehi holds the position of Kids Solutions' Director of Clinical Services for Children and Adolescents. The prestigious position as Clinical Director allows Dr. Azarbehi to stay connected with her first passion, which is working with children and adolescents and their families.

**Cherie Dale** has been learning with families and young children for over 20 years. She currently works as a Special Needs Resource Consultant at Adventure Place and is a part-time faculty in the Resource Consultation Certificate Program at Centennial College.

#### Ashley Roth Orchard, MClSc-SLP(C) CASLPO

is Speech-Language pathologist at Lansdowne Children's Centre. She holds a Master's degree from the University of Western Ontario. She has worked with preschoolers, school-age, and adults in the areas of speech, language, feeding, and swallowing.

Ashley Jakovljevic, BHSc OT Reg. (Ont) is an Occupational Therapist who has worked in paediatrics for most of her 18 years. She is a member of the Lansdowne Children Centre's Feeding and Swallowing Team. Her clinical interests are the feeding relationship between children and caregiver, holistic approaches to working with children and caregivers and learning about addressing the impact poverty has on clients. She feeds her own 2 growing children and is enjoying every minute of nurturing their potential too.

Dr. Tatyana Barankin is a consultant psychiatrist at CAMH, Hospital for Sick Children and French Board of Education. She is an Associate Professor of Psychiatry at the Faculty of Medicine, University of Toronto and Academic Educator for Center for Faculty Development. She is an educator and won several continuing medical education excellence awards including prestigious CPA and University of Toronto awards. Her main areas of interest and expertise include school psychiatry, preventive interventions and building resilience in children, mental issues in immigrant and refugee children, impact of divorce on children and families, Attention Deficit Disorder and Mood and Anxiety disorders in children. As well she has provided training in stress management to professionals. Dr. Barankin coauthored the book "Growing Up Resilient" which received Seal of Quality from CSC and numerous articles on prevention, resilience and immigrants health.

# **CONFERENCE INFORMATION**

Any questions regarding the conference may be directed to:

Alberta Parlee Conference Registrar 905-825-6000 (ext. 2500) between 7:30 a.m. – 2:30 p.m.

E-mail: alberta.p@hotmail.com

# **ACCOMMODATIONS**

Participants are responsible for booking their accommodations By: **September 1, 2014** 

Please call Cambridge Hotel-Conference Centre, (519) 622-1505 to book your reservations. Quantities at your special group rates are limited and based on availability. Please indicate <u>GROUP NAME: ECRTNO</u> to receive your special group rates. All individual reservations will be required to provide a valid credit card guarantee.

The above guest rooms will be reserved at a rate of \$99.00 per room, per night, based on single or double occupancy. Please note guest room rates are subject to all applicable taxes. For each additional person over the age of 16 years, a \$10.00 per person room supplement will be applicable.

Reminder: Check In time is 3:00 p.m. Check Out time is **Friday by 11:00 a.m.** 

Please feel free to copy and distribute to your colleagues

www.ecrtno.ca

# Please complete the registration form on the back and forward with payment to:

## Alberta Parlee - ECRTNO Conference Registrar

c/o Children's Developmental Services

#### 690 Dorval Drive 5th Floor Oakville Ontario L6K 3X9

#### Please Note:

- Members must be in good standing at the time of conference to receive members' rate. Should your membership end prior to conference date, you must renew with conference fee.
- Registration forms and payments received with a post mark date on or before August 31, 2014, will be accepted as Early Bird registrations. Registrations received between September 1, 2014 and September 30, 2014 will be at the regular rate.
- Please fill out the attached Membership form and include with registration form.

Remember to copy your registration form for your records. Your receipt will be given out at registration.

#### Type of Membership

Professional \$80.00	An individual who holds a diploma in Resource Teaching or Equivalent. This membership has full voting privileges.	Voting status
Associate \$80.00	An individual working in the field of Early Childhood Education or another field related to working with young children.	Voting status
\$160.00	An educational or treatment facility or agency, developmental services agency or other organization interested in Early Childhood Resource Teaching. The membership entitles the agency or organization to send one (1) representative to all events	one (1) representative vote

Name:		Previous Name (if applicable):		
Γype of Membership: Renewal □	Professional □ Membership #	Associate □ New □	Institute□	
Address:				
	Phone #:			
Postal Code:	Phone #:	Work e-mail:		

#### ECRTNO CONFERENCE REGISTRATION FORM

Early Bird Registration Deadline is August 31, 2014 Registrations received between September 1 to 30, 2014 will at the regular rate

Payment must be received with this registration form in order to be processed. Receipts will be issued to the person submitting payment. See details below. Note\*\* If you are unable to participate a colleague may attend in your place, but refunds will NOT be given.

Please print when completing all information in order for us to process your registration quickly.				
Full name	me(last name previously used):			
Employer/Agency	· · · · · · · · · · · · · · · · · · ·	Job Title		
Mailing Address: Street				
City/Town	Postal Code	Phone #		
Email address: home		work		

#### DAY AND TIME **CONFERENCE REGISTRATION AND MEMBERSHIP FEES** WORKSHOP WORKSHOP 1<sup>ST</sup> Choice 2<sup>nd</sup> choice (circle) Please select **EITHER** a morning and afternoon **OR** a full day Thursday AM workshop PMWe reserve the right to cancel workshops due to low registration Fullday Keynote presentation on Wednesday evening. Please indicate Friday AM □ I will attend ☐ I will not be attending РМ Fullday

FEES FOR MEMBERS and NON-	Early Bird by August 31st		On/after September 1st	
MEMBERS	Member's rate	Non-Member's rate	Member's rate	Non Member's rate
FULL Conference Includes ALL listed below	\$275.00	\$425.00	\$375.00	\$475.00
Wednesday evening only Keynote and Welcome reception	\$10.00	\$10.00	\$10.00	\$10.00
Thursday or Friday only AM & PM or ONE full day workshop All meals and the Resource Fair	\$150.00	\$225.00	\$200.00	\$250.00
Membership fee if applicable	\$80.00		\$80.00	
Conference fee \$ + membership fee \$ TOTAL \$ □ I have dietary needs of:			needs of:	

Method of payment: ☐ Cheque enclosed Method of payment: ☐ PayPal Make cheque payable to ECRTNO and forward with

registration form to: Alberta Parlee

**ECRTNO Conference Registrar** 

C/0 Children's Developmental Services

690 Dorval Drive 5th Floor Oakville Ontario L6K 3X9

go online www.ecrtno.ca, PayPal will accept credit cards, you do not need to have an account THEN scan and email

your registration form to treasurer@ecrtno.ca

#### FOR OFFICE USE ONLY-CONFERENCE

Date Information received				
Cheque number		Receipt number		
PayPal payment				
FOR OFFICE USE ONLY – MEMBERSHIP				
Membership Expires		Northern □ Central □ Eastern □ Western □		
Membership list on		Membership card sent out on		